

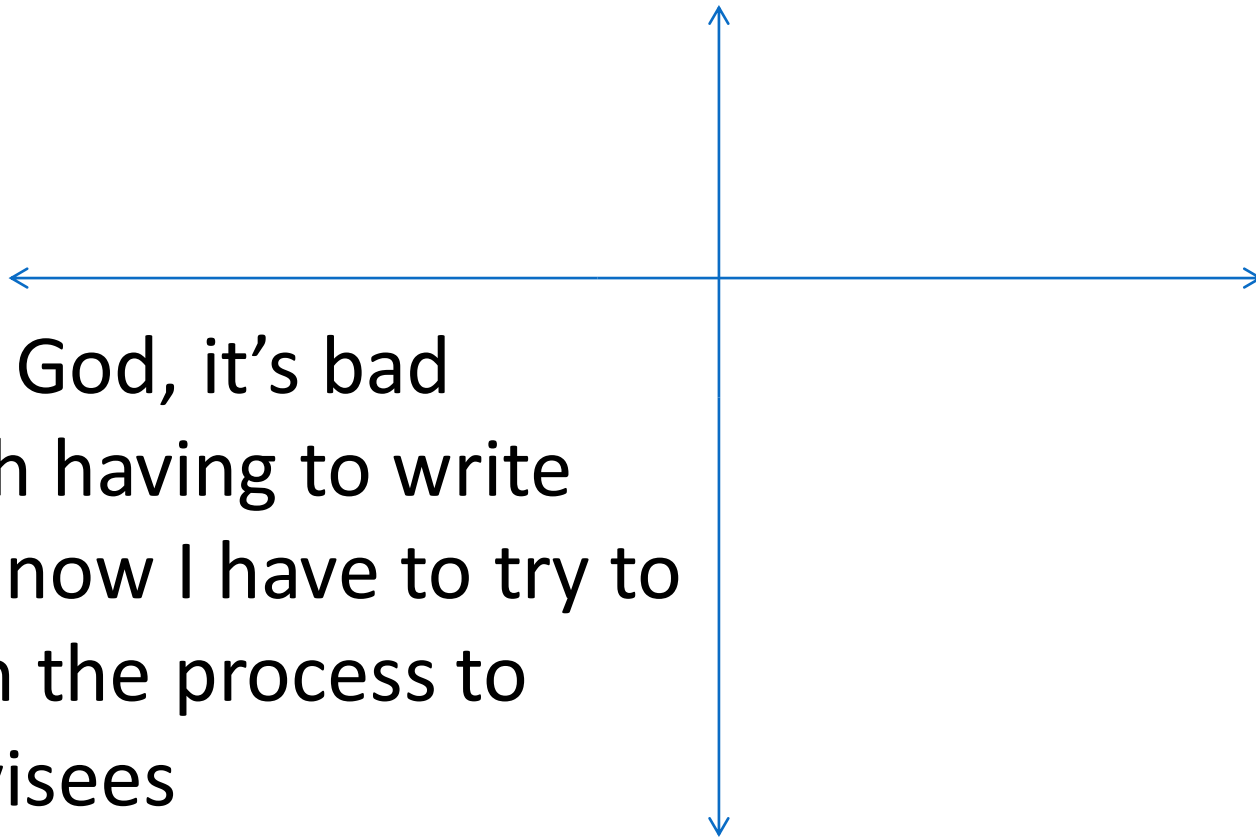
Transitioning to a Supervisor Role

Annette Dufresne, PhD, C.Psych
Windsor, Ontario, Canada.

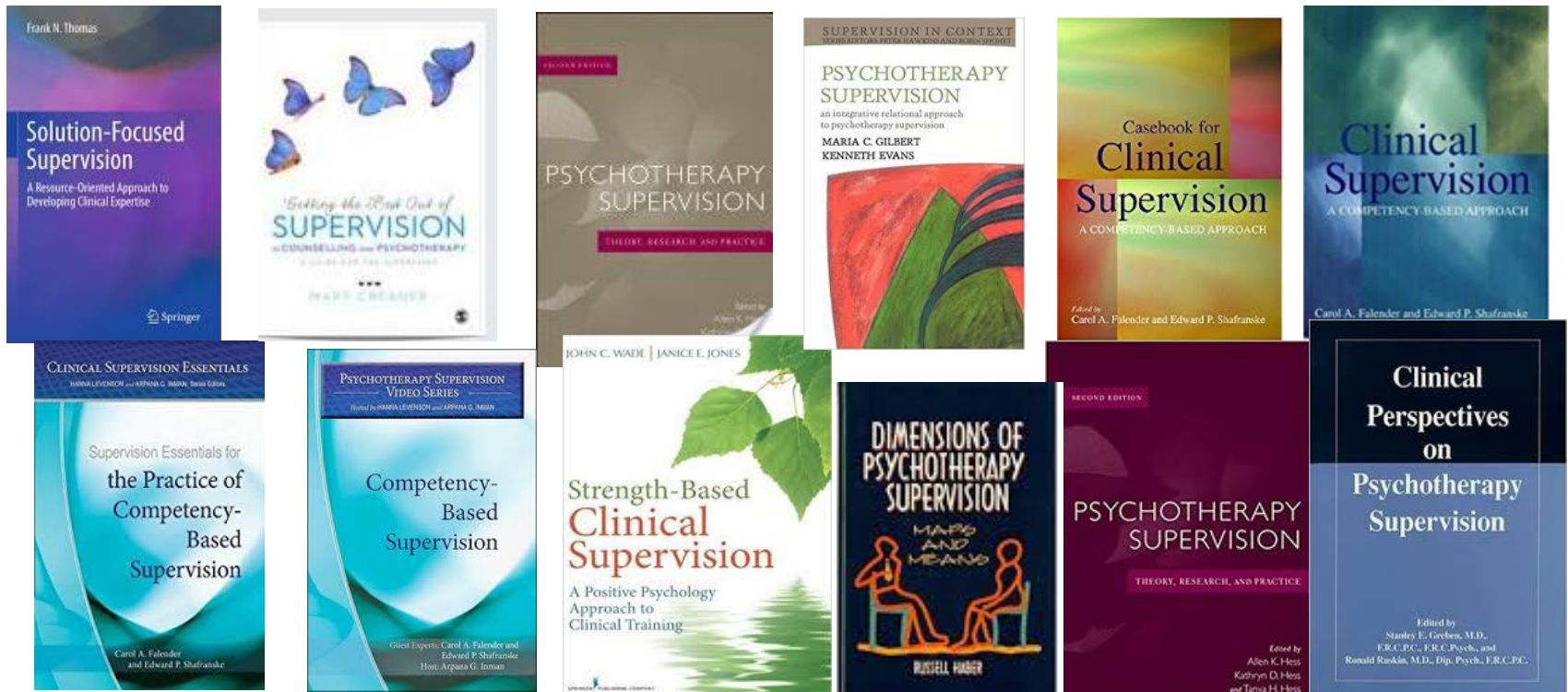
My story of making the move from clinician to supervisor – via the Matrix



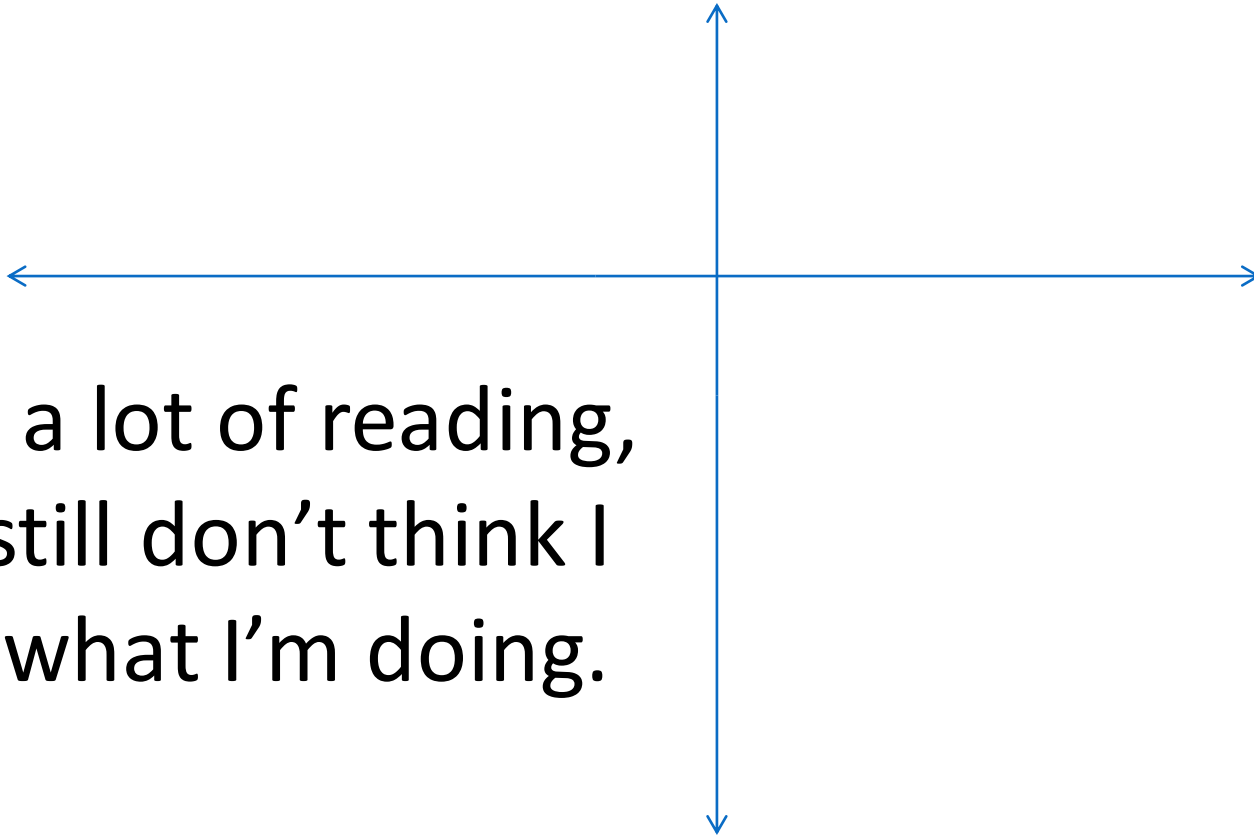
Hook #1:



- Hook #2
- I'd better do some reading on being a supervisor



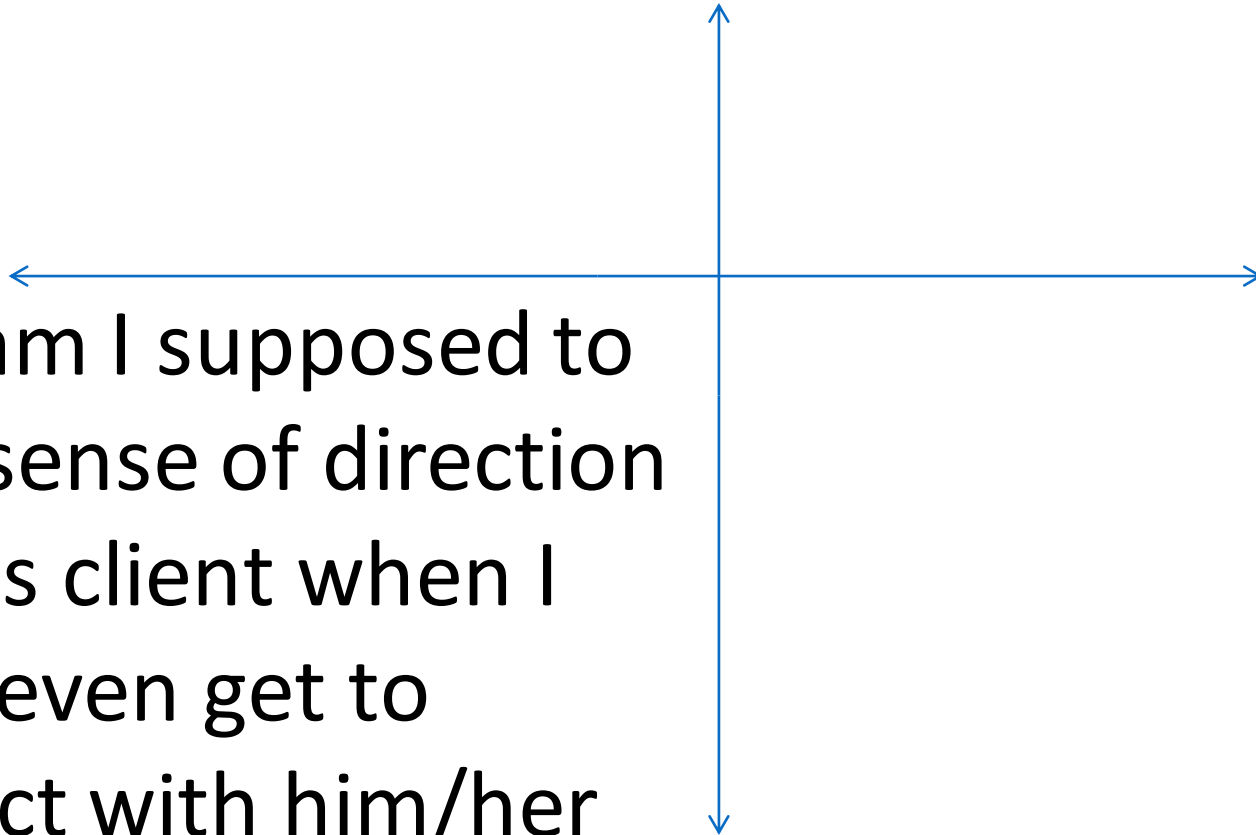
Hook #3:



That's a lot of reading,
and I still don't think I
know what I'm doing.

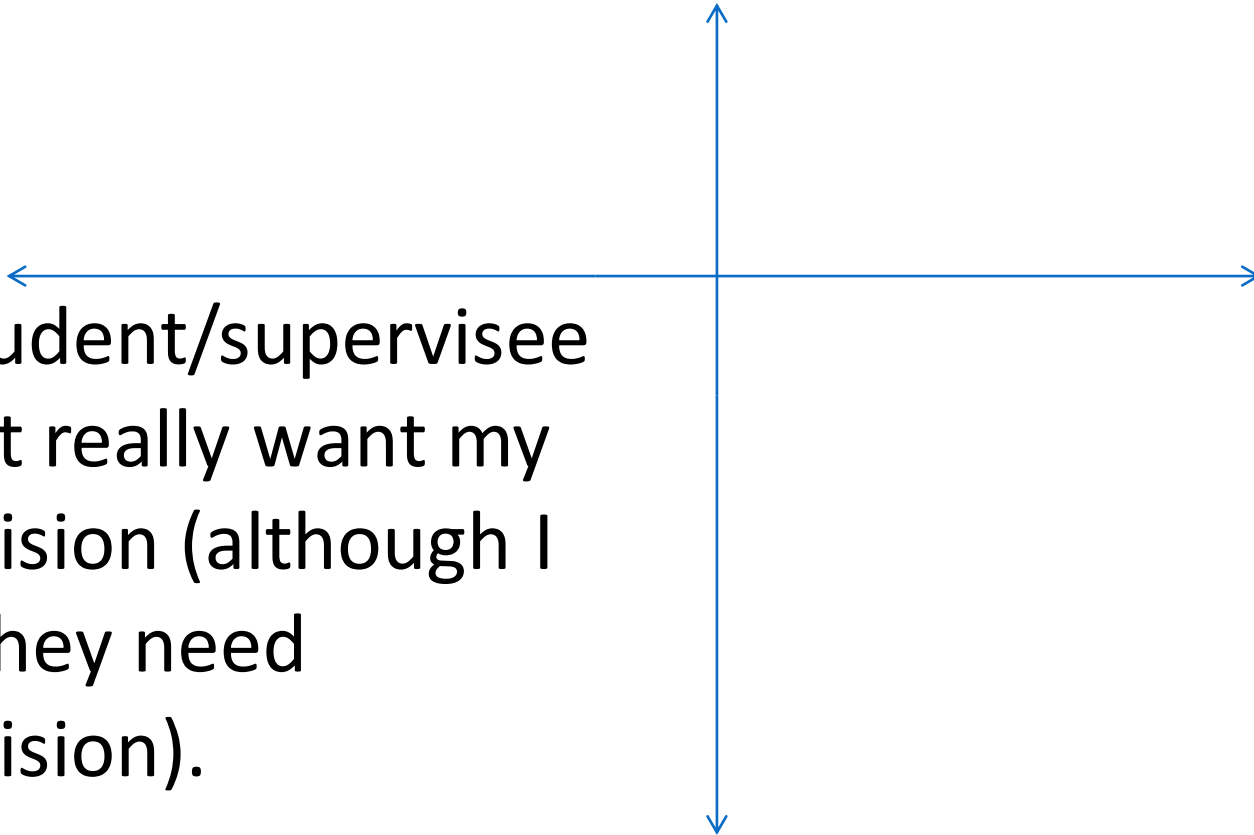
Hook #4:

(once I've actually started supervising)



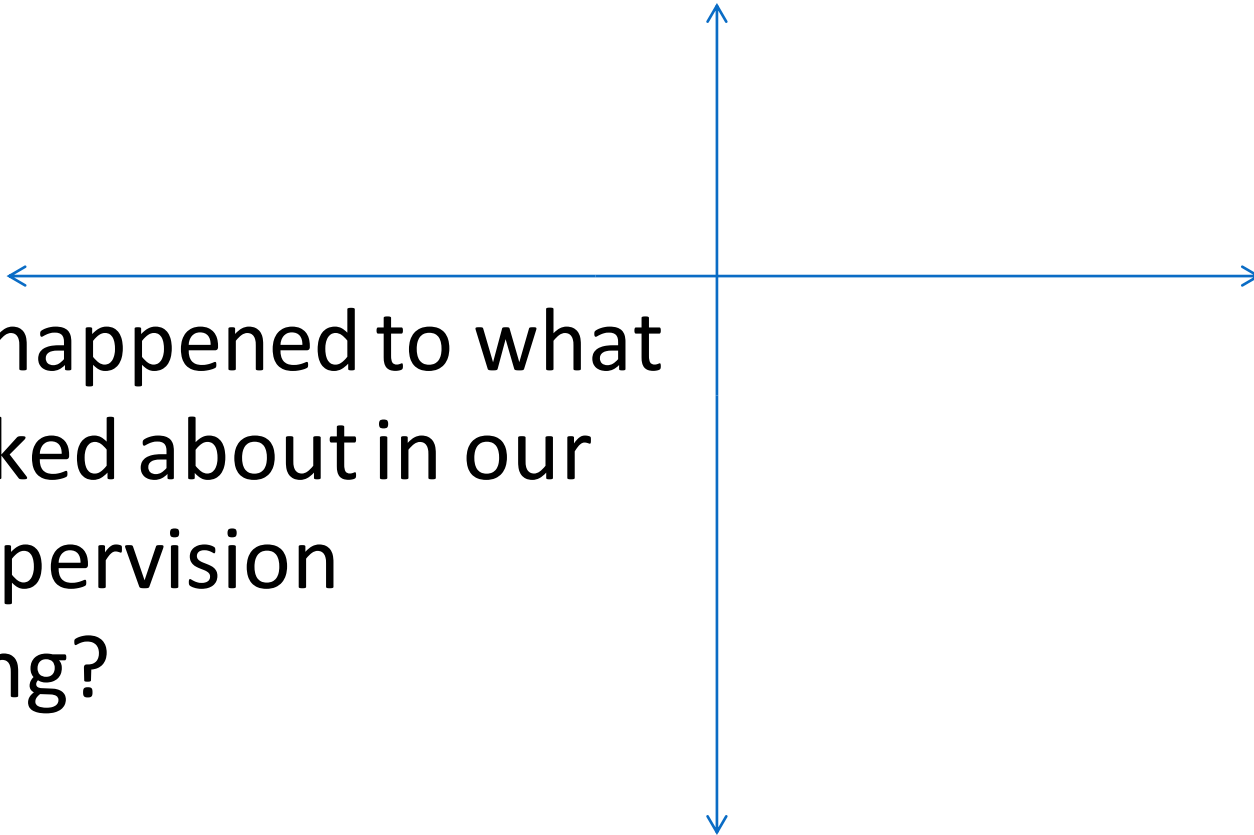
Hook #5:

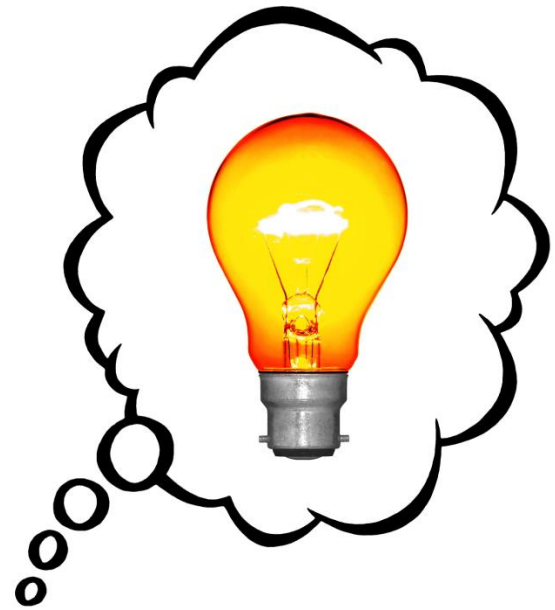
This student/supervisee doesn't really want my supervision (although I think they need supervision).



Hook #6:

What happened to what we talked about in our last supervision meeting?

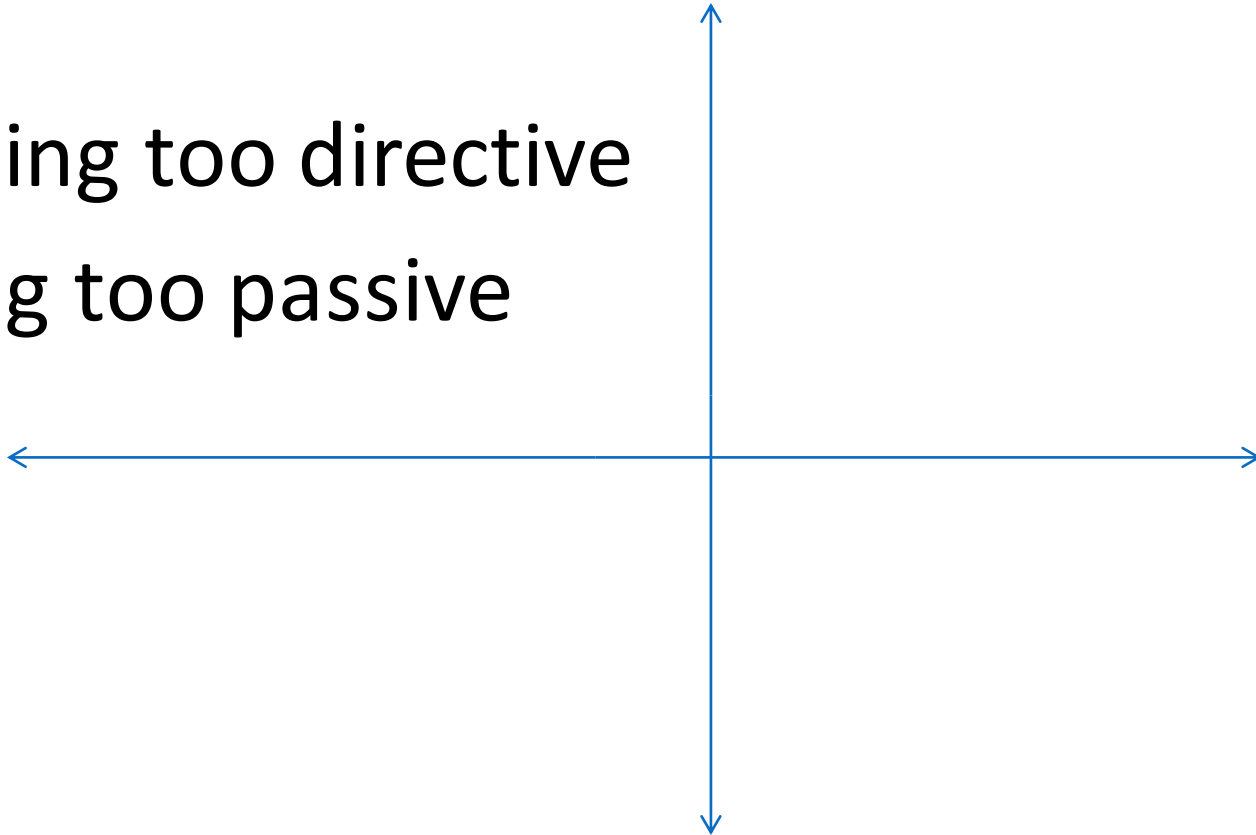




- Hmm, when I get hooked, mistakes/omissions seem eerily similar to what happens as a therapist

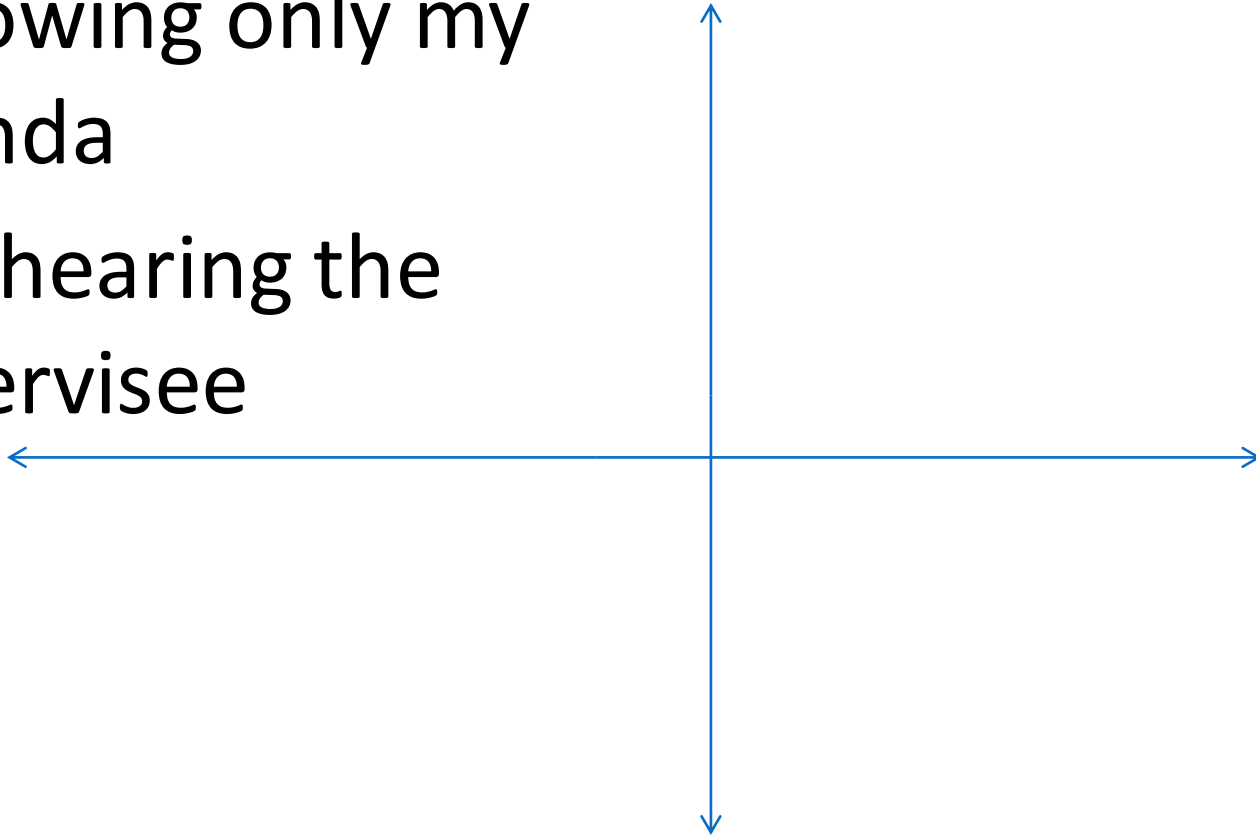
Some of my away moves as a supervisor:

- Getting too directive
- Being too passive



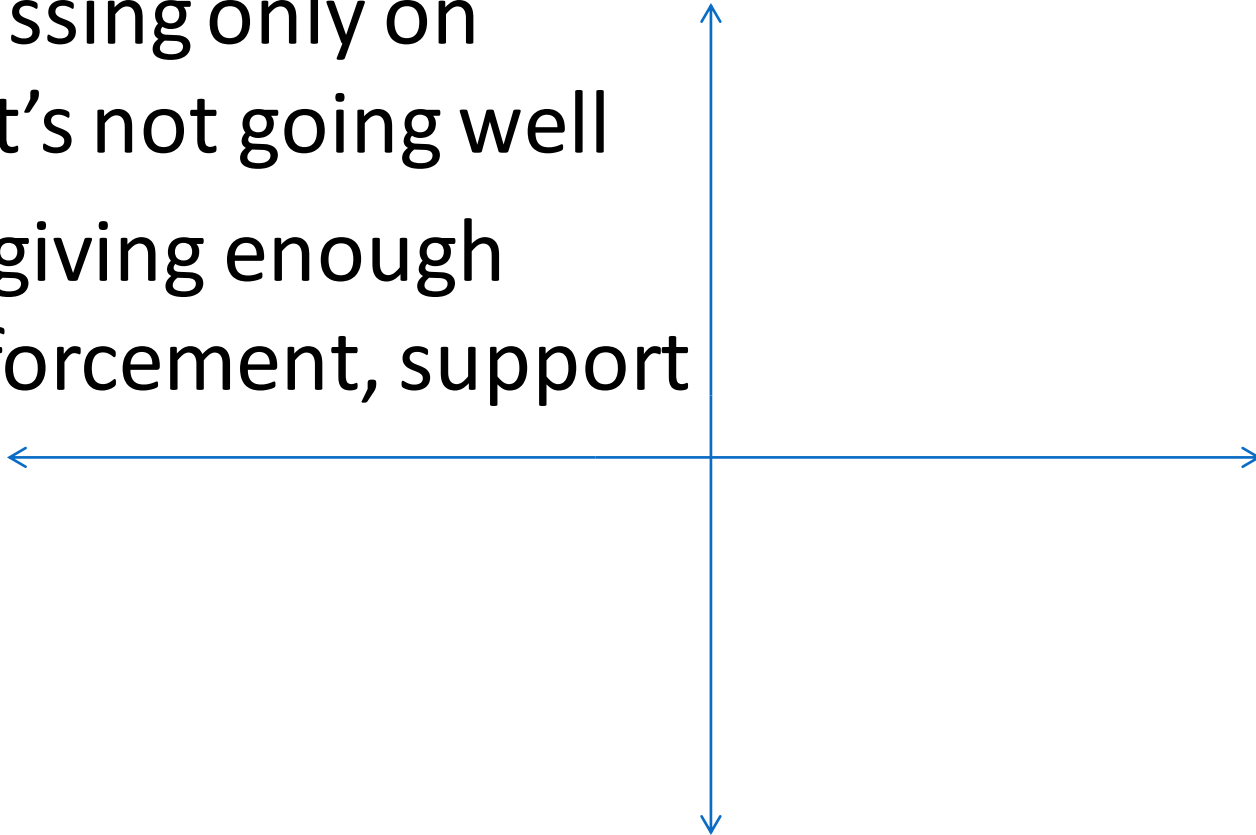
Some of my away moves as a supervisor:

- Following only my agenda
- Not hearing the supervisee



Some of my away moves as a supervisor:

- Focussing only on what's not going well
- Not giving enough reinforcement, support



- Before I get totally stuck in a vicious cycle of hooks and away moves, I should get back to my values.

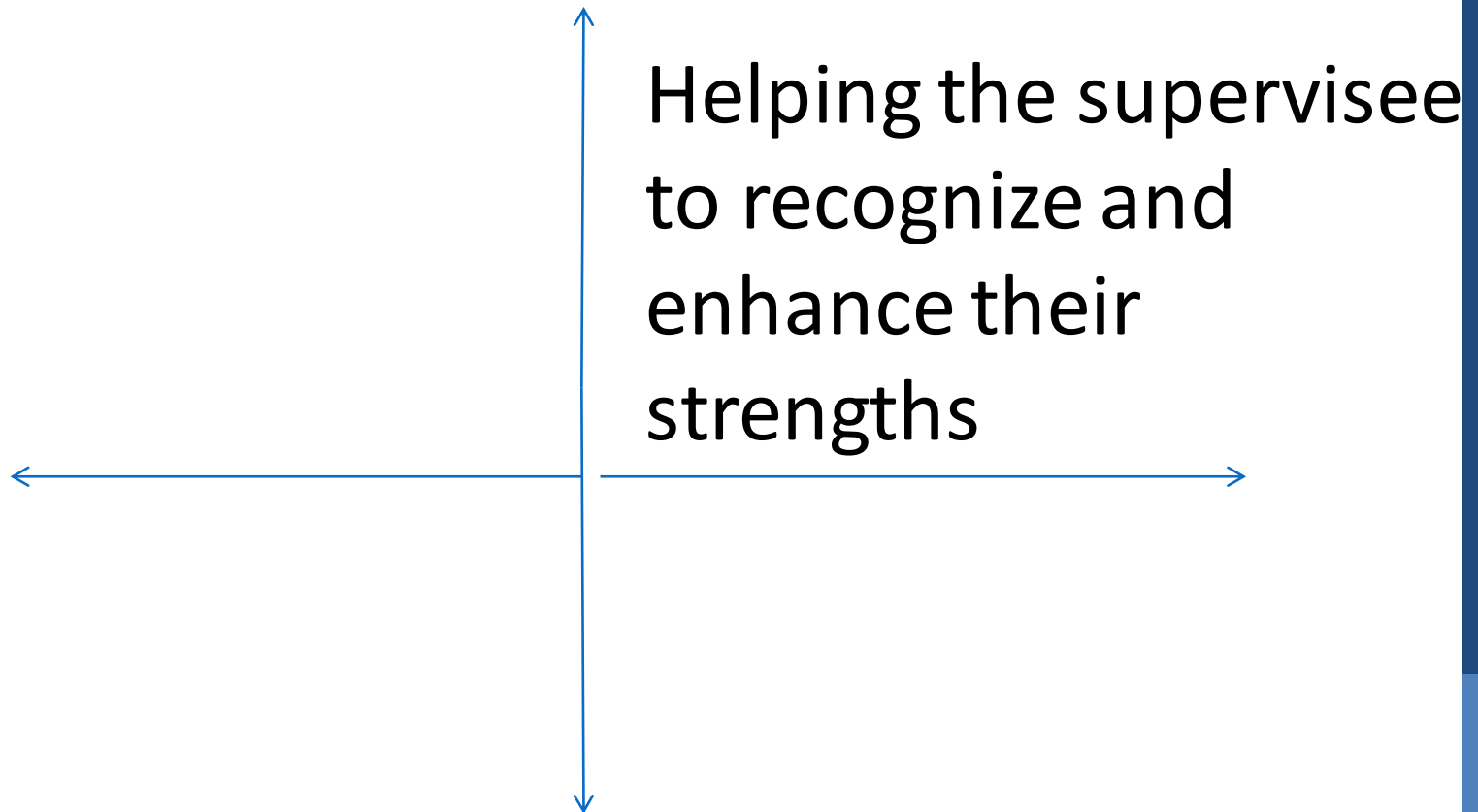


- My values as a supervisor:
- Supervision as a relational encounter – the importance of creating a sense of safety and an alliance

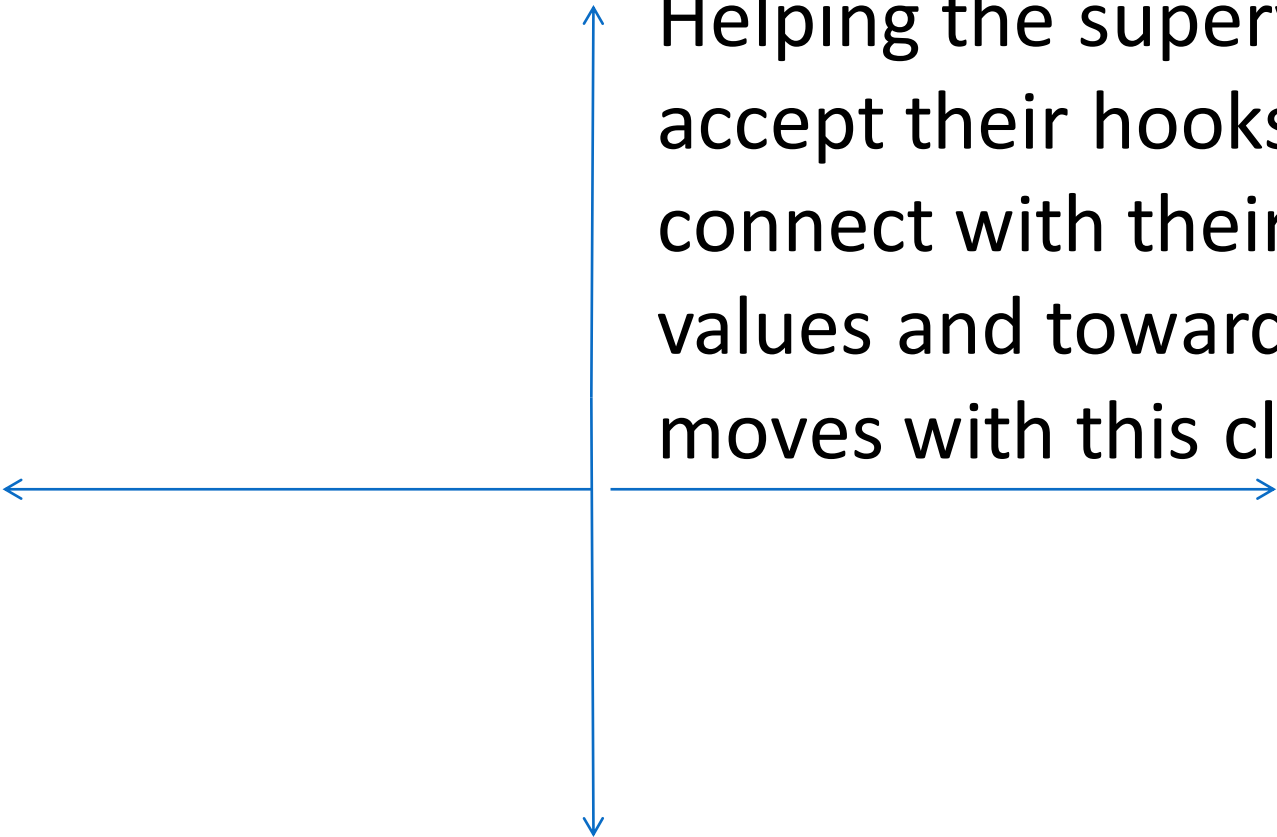
- Values (cont.):
- Importance of scaffolding – giving enough support and freedom to help supervisees move up a step or two from where they're at

- Values (cont.):
- Supervision is a supervisee-centered process. It's not about trying to create little copies of the supervisor

Toward moves as a supervisor:

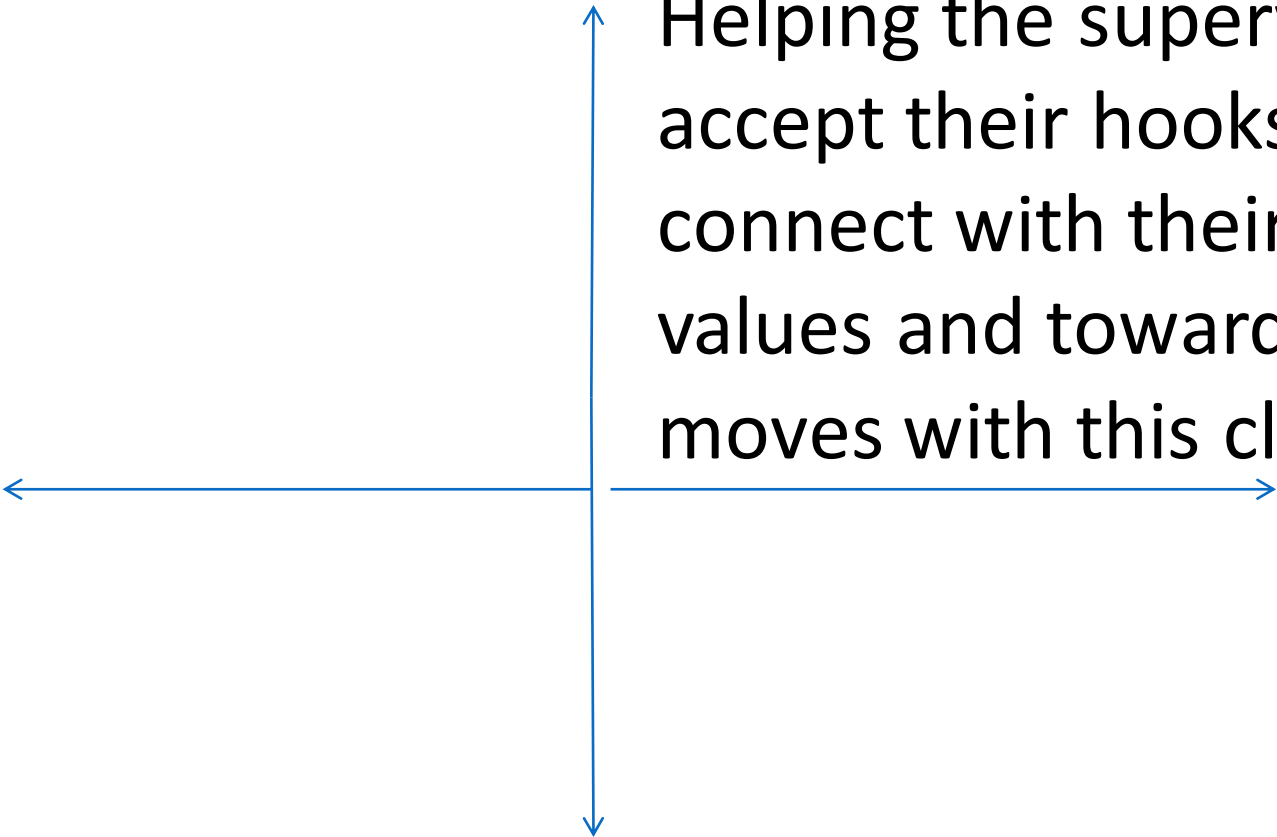


Toward moves as a supervisor:



Helping the supervisee accept their hooks, and connect with their values and toward moves with this client

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Helping the supervisee accept their hooks, and connect with their values and toward moves with this client

- In conclusion, it works for me to allow my insecurities, worries and judgments as a supervisor, and move towards my values.